RAS

We Listen, We Believe

Rape & Abuse Support - Supporting Women in the North East

Registered Scottish Charity No. 019087

Helpline number:
01224 620772
www.rasane.org.uk

Please help us to help provide vital support services to female survivors of rape and sexual violence

Name:

I am taking part in:

Rape and Abuse Support (RAS) is a female voluntary organisation run by women for women. RAS provides vital support and advocacy to female survivors of rape and sexual violence from the age of 13 years old, whether it is recent or historical.

RAS offers a variety of support which is led by the individuals' needs and particular circumstance. The support is provided by trained paid and unpaid support workers, in a safe environment which offers the individual the space and time to talk about their experience without being judged.

Survivors can access information on legal and medical issues. Although primarily our work is with female survivors, we also provide information and support to families, friends and partners to enable them to support the survivor in the long term.

Initial contact can be made via the helpline, email or letter.

RAS - We Listen, We Believe.

Full name	Home Address	Postcode	Amount Donated	Paid	giftaid it
Mr Sample	Sample Street, Sample Town	SA1 1PL	£15.00	✓	✓

Please send your money - today!
To:

Thank You!

Please make cheques or postal orders to:
Rape and Abuse Support to Centre Co-ordinator,
RAS, 88 John Street, Aberdeen, AB25 1LE.

Please fill this in when you have collected all your sponsorship money

Name: _____

Address: _____

_____

_____ Postcode: _____

Email: _____

Telephone No: _____

Total Amount Enclosed: _____

For Direct Debit donations, please visit:-
http://www.justgiving.com/rapeandabusesupportaberdeen

Your gift could be worth 25% more to us.* The gift Aid scheme allows RAS to reclaim the tax that you have already paid on your donations - at no extra cost to yourself. Simply tick the box and check that your full name, home address and postcode are correct.
*To allow us to claim gift aid on your donation, what you pay in UK income and/or capital gains must equal at least the amount the charity will claim in the tax year.
Registered charity number 019087 and registered in Scotland (SC299746).